# What's on the Menu? 

Sparta Middle School Lunch Menu May $6^{\text {th }}-10^{\text {th }}, 2024$ All meals come with choice of low-fat 1\% White or Chocolate Milk MENU IS SUBJECT TO CHANGE

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| create | Breakfast for Lunch: <br> Pancakes W/ <br> Scrambled Eggs W/ <br> Cheese <br> Tater Tots <br> National Nurses Day | Baked Potato Bar Potato, Bacon, Ham, Cheese <br> Side of Mac \& Cheese Seasoned Broccoli w/ Cheese Sauce National Teachers Day | Chicken Alfredo Pasta or Cajun Chicken Pasta <br> Garlic Breadstick Seasoned Green Beans | Sandwich SlidersBuffalo Chicken, Plain Chicken, or Sloppy Joe Sliders <br> Seasoned Mixed Veggies | Wing on the WeekendBoneless or Bone in Wings side of mac $n$ cheese Smile Fries BBQ Baked Beans |
| Sise SOMO | DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, \& cheese |  |  |  |  |
|  | Buffalo Chicken Flatbread Pizza ersonal Pepperoni Pizza | Enriched Pepperoni Pizza | Chicken Alfredo Pizza Classic Cheese Pizza | Meat Lover's Flatbread Pizza Classic Cheese Pizza | Supreme Pizza |
|  |  | Classic Cheese Pizza |  |  | Bosco Breadsticks w/ Marinara Sauce |
|  | Meatball Sandwich <br> Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots |  | Philly Beef Steak Sub <br> Breaded Chicken <br> Sandwich <br> Spicy Breaded <br> Chicken Sandwich <br> Cheeseburger <br> Seasoned Green Beans |  | Breaded Chicken Poppers W/ Side Mac N <br> Cheese <br> Breaded Chicken Sandwich <br> Spicy Breaded Sandwich <br> Bacon Cheeseburger Smile Fries BBQ Baked Beans |
|  |  | Pork Carnitas Quesadilla <br> Breaded Chicken Sandwich <br> Spicy Breaded Chicken Sandwich Cheeseburger Broccoli W/ Cheese Sauce |  | Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Mixed Veggies |  |
| SEDI | Build Your Own Deli Sandwich |  |  |  |  |
|  | Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, \& Wraps, Vegetable Toppings, \& Condiments |  |  |  |  |
| AVAILABLE DAILY: PB\&J Uncrustables \& Fruit Yogurt Parfaits |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| ON:EO | Turkey Chef Salad W/ 2 Dinner Rolls | Chicken BLT Salad w/ 2 Dinner Rolls | Ham \& Cheese Chef Salad w/ 2 Dinner Rolls | Buffalo Popcorn Chicken Salad w/ Dinner Roll | Turkey Chef Salad w/ Dinner Rolls |
|  | Italian Chicken Pasta Salad | Chicken Caesar Wrap | Turkey Ranch Wrap | Ham, Salami, \& Cheese Italian Wrap | Buffalo Ranch Chicken Wrap |
|  |  |  |  |  |  |
|  | Cherry Tomatoes Cucumber Coins 100\% Fruit Juice Assorted Fruit Fresh Pear | Broccoli Florets Romaine Blend Side Salad 100\% Fruit Juice Fresh Apple Slices Red Seedless Grapes | Cherry Tomato's Celery Sticks 100\% Fruit Juice <br> Banana Assorted Fruit | Fresh Pepper Sticks Romaine Blend Side Salad 100\% Fruit Juice Orange Wedges Applesauce | Fresh Broccoli Florets Assorted Vegetables 100\% Fruit Juice Sidekick Slushies Assorted Fresh Fruit |

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## What's on the Menu?

 Sparta Middle School Lunch Menu May $13^{\text {th }}-17^{\text {th }} 2024$All meals come with choice of low-fat 1\% White or Chocolate Milk MENU IS SUBJECT TO CHANGE

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| create | Chicken Fajita Bowl w/ Black Beans w/ Corn \& Brown Rice Mexican Corn International Hummus Day | Breakfast BowlSausage, Ham, Eggs, Bacon \& Cheese over a Biscuit Hash Brown Patty National Buttermilk Biscuit Day | Swiss Steak <br> Garlic Bread <br> Mashed Potatoes w/ Gravy | BBQ Pulled Pork or Korean Chicken Bulgogi TOTchos w/ Side of Mac n Cheese \& Corn Bread BBQ Baked Beans BBQ Day | Hot Dog Bar - 2 Hot Dog W/ Chili, Cheese, Pick your toppings Curly Fries <br> National Pizza Party Day |
| ennon | DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, \& cheese |  |  |  |  |
|  | Meat lovers Stromboli | Classic Pepperoni Pizza | Enriched Italian Sausage Pizza | Personal Pepperoni Pizza | Classic Pepperoni Pizza |
|  | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Bosco Breadsticks w/ Marinara Sauce | Classic Cheese Pizza |
|  |  |  |  |  |  |
|  |  <br> Cheese Pesto <br> Flatbread <br> Breaded Chicken Sandwich Cheeseburger <br> Spicy Breaded Chicken Sandwich <br> Mexican Corn | Grilled Chicken w/ Chipotle May on a Ciabatta Bun Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Hash Brown Patty | Chicken \& Cheese Crispitos <br> Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes w/ Gravy | BBQ Riblet Sandwich <br> Breaded Chicken <br> Sandwich <br> Cheeseburger <br> Spicy Breaded Chicken Sandwich BBQ Baked Beans | Breaded Mozzarella Sticks <br> Breaded Chicken Sandwich <br> Spicy Breaded <br> Chicken Sandwich Breaded Fish Sandwich Curly Fries |
|  |  |  |  |  |  |
|  | Build Your Own Deli Sandwich |  |  |  |  |
| DEL | Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, \& Wraps, Vegetable Toppings, \& Condiments |  |  |  |  |
|  |  |  |  |  |  |
| AVAILABLE DAILY : PB\&J Uncrustables \& Fruit Yogurt Parfaits |  |  |  |  |  |
| ON: | Chicken BLT Salad w/ 2 Dinner Rolls | Buffalo Chicken Salad w/ 1 Dinner Rolls | Ham \& Cheese Chef Salad w/ 2 Dinner Rolls | Turkey Chef Salad w/ 2 Dinner Rolls | Popcorn Chicken Salad W/ 2 Dinner Rolls |
|  | Fruit Pizza Flatbread-w/ side of Yogurt \& Cheese Cubes | Turkey Ranch Wrap | Buffalo Chicken Wrap | Ham \& Cheese Pinwheels | Chicken Caesar Wrap |
|  |  |  |  |  |  |
|  | Cherry Tomatoes Cucumber Coins 100\% Fruit Juice Assorted Fruit Fresh Pear | Baby Carrots Romaine Blend Side Salad 100\% Fruit Juice Fresh Apple Slices Seedless Grapes | Celery Sticks Mixed Peppers 100\% Fruit Juice <br> Banana <br> Assorted Fruit | Assorted Veggies Romaine Blend Side Salad 100\% Fruit Juice Orange Wedges Applesauce | Broccoli Florets Sugar Snap Peas Sidekick Slushie Assorted Fresh Fruit Assorted Chilled Fruit |


|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Credte | Homemade Macaroni and Cheese <br> Pulled Pork or Popcorn Chicken W/ Breadstick BBQ Baked Beans Seasoned Mixed Veggies | Cinnamon French <br> Toast <br> Scrambled Eggs w/ <br> Cheese \& Sausage Links <br> Tater Tots | Cheesy Tortellini Pasta w/ Marinara or Meat Sauce Garlic Bread <br> Seasoned Green Beans <br> National Vanilla Pudding Day | Orange or Thai Sweet Chili Popcorn Chicken W/ Fried Rice Egg Roll Seasoned Peas \& Carrots | Lasagna Garlic Bread Oven Baked Fries <br> National Asparagus's Day |
| enn eno | DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, \& cheese |  |  |  |  |
|  | Classic Pepperoni Pizza | Enriched Pepperoni Pizza | Personal Meat Lover's Pizza | Classic Pepperoni Pizza | Italian Sausage Pizza |
|  | Bosco Breadsticks w/ Marinara Sauce | Classic Cheese Pizza | Bosco Breadsticks w/ Marinara Sauce | Cheese Stromboli | Classic Cheese Pizza |
|  | Sloppy Joe Breaded Chicken Waffle Sandwich Cheeseburger Spicy Breaded Chicken Sandwich BBQ Baked Beans Seasoned Mixed Veggies | Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <br> Tater Tots | Buffalo Chicken <br> Quesadilla <br> Breaded Chicken <br> Sandwich <br> Cheeseburger <br> Spicy Breaded <br> Chicken Sandwich <br> Seasoned Green Beans | Pepperoni Pizza Sub <br> Breaded Chicken <br> Sandwich <br> Cheeseburger <br> Spicy Breaded <br> Chicken Sandwich <br> Seasoned Peas \& Carrots | Warm Pretzel Bites W/ <br> Cheese Sauce <br> Breaded Chicken Sandwich <br> Spicy Breaded Chicken Sandwich <br> Oven Baked Fries |
| SO | Build Your Own Deli Sandwich |  |  |  |  |
|  | Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, \& Wraps, Vegetable Toppings, \& Condiments |  |  |  |  |
| AVAILABLE DAILY: PB\&J Uncrustables \& Fruit Yogurt Parfaits |  |  |  |  |  |
| ON풀TO | Strawberry Chicken Salad W/ Dinner Rolls | Popcorn Chicken Salad w/ 1 Dinner Roll | Ham \& Cheese Chef Salad w/ 2 Dinner Rolls | Grilled Chicken Caesar Salad w/ 2 Dinner Rolls | Turkey Chef Salad w/ 2 Dinner Rolls |
|  | Chicken Caesar Pasta Salad W/ Breadstick | Turkey \& Cheese Pinwheels | Veggie Pizza w/ Yogurt \& String Cheese | Ham \& Cheese Wrap | Buffalo Ranch Chicken Wrap |
|  | Cauliflower Florets Tossed Side Salad 100\% Fruit Juice Assorted Fruit Assorted Chilled Fruit | Baby Carrots Romaine Blend Side Salad 100\% Fruit Juice Fresh Apple Slices Red Seedless Grapes | Celery Sticks <br> Mixed Peppers 100\% Fruit Juice <br> Banana <br> Assorted Fruit | Assorted Veggies Romaine Blend Side Salad 100\% Fruit Juice Orange Wedges Applesauce | Broccoli Florets Assorted Fresh Veggies Fresh Apple Side Kick Slushies |

## What's on the Menu?

 Sparta Middle School Lunch Menu May $27^{\text {th }}-31^{\text {st }}, 2024$All meals come with choice of low-fat 1\% White or Chocolate Milk MENU IS SUBJECT TO CHANGE

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| create | No School | Burger Bar You Pick: Cheese, Bacon, Chili, Assorted Veggies Tater Tots <br> National Hamburger Day | Popcorn Chicken-Plain or Spicy Macaroni \& Cheese Seasoned Corn | 1/2 Day | $\begin{gathered} \text { ½ Day } \\ \text { Last Day } \end{gathered}$ |
| cin | DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, \& cheese |  |  |  |  |
|  | Supreme Pizza | Personal Pepperoni Pizza | Italian Stromboli | Classic Pepperoni Pizza | Enriched Meat Lover's Pizza |
|  | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Bosco Breadsticks w/ Marinara Sauce |
|  | No School | Mini Corn Dogs Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots | Beef Teriyaki Dippers w/ side of Mac n Cheese <br> Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Corn | ½ Day | $\begin{aligned} & \text { ½ Day } \\ & \text { Last Day } \end{aligned}$ |
| $\frac{50}{D E 1}$ | Build Your Own Deli Sandwich |  |  |  |  |
|  | Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, \& Wraps, Vegetable Toppings, \& Condiments |  |  |  |  |
| AVAILABLE DAILY: PB\&J Uncrustables \& Fruit Yogurt Parfaits |  |  |  |  |  |
| ON프능 | No School | Turkey Chef Salad w/ 2 Dinner Rolls <br> Breaded Chicken Wrap | Popcorn Chicken Salad w/ 2 Dinner <br> Rolls <br> Turkey Ranch Wrap | 1/2 Day | $\begin{aligned} & \text { 1⁄2 Day } \\ & \text { Last Day } \end{aligned}$ |
|  | No School | Baby Carrots <br> Romaine Blend Side Salad 100\% Fruit Juice Fresh Apple Slices Red Seedless Grapes | Celery Sticks <br> Mixed Peppers 100\% Fruit Juice Assorted Fruit | 1⁄2 Day | $\begin{gathered} \text { ½ Day } \\ \text { Last Day } \end{gathered}$ |

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