

## Upper Elementary Reproductive Health Overview

In the 5<sup>th</sup> grade the focus of instruction is on the human body. The lessons are designed for students to understand the changes during puberty. Additionally, the 5<sup>th</sup> grade science units include instruction in Body Systems. Through videos, informational text and presentations, students engage in lessons which include:

- What body changes occur during puberty?
- What to expect and how to deal with the physical and emotional changes during puberty.
- What is HIV and how is it transmittable?
- How is HIV not transmittable?
- Why physical changes create reasons to emphasize personal hygiene during puberty and adulthood.
- The purpose, functions and general parts of the reproductive system.
- How the body systems work together to perform specialized activities.

5<sup>th</sup> grade science teaches

- \*Skeletal system
- \*Muscular system
- \*Digestive system
- \*Circulatory system
- \*Respiratory system
- \*Reproductive system
- \*Nervous system

The lessons regarding physical and emotional changes as well as HIV are taught in 5<sup>th</sup> grade Physical Education classes. The students are separated into groups by gender and the PE Teacher and School Nurse instruct the students. The lessons regarding the Reproductive System are taught by 5<sup>th</sup> grade science teachers using the district curriculum which is aligned with the required state content expectations.

Here are some other health related topics Upper Elementary teaches through the use of assemblies:

- Kids have rights: good touch – bad touch (3-5)
- Internet safety (4-5)
- PAW Week – Drug Awareness
- DARE (5<sup>th</sup> grade)