



National School Breakfast Week

March 3rd – 7th, 2025

In your cafeteria, a thrilling mystery is about to unfold for the 2025 National School Breakfast Week (#NSBW25). Picture this: the breakfast table is a crime scene, and every morsel holds a clue to unlocking the secrets of a healthy start to the day. We've donned our detective hats for this theme, "Clue In to School Breakfast." With a detective/mystery theme, this event theme will help to captivate young minds and reveal the hidden truths behind a nutritious morning meal.



Appleview, Ridgeview, ECC Fun Days:

Monday: Complete a breakfast coloring/activity page and turn it into the lunch ladies for a chance to win a prize! Please turn them in by Friday.

Tuesday: Dress like a detective (Hat, Pad of Paper, Magnifying Glass; Sherlock Holmes, Miss Marple)

Wednesday: Anyone who eats school breakfast will receive a special prize in their breakfast bag.

Thursday: As a class, come up with new names for our breakfast items that are "a clue" or "intriguing twists" or "Mystery Ingredients" towards what counts in a healthy breakfast for students. Email to Melissa Alley (melissa.alley@spartaschools.org) for a chance to be featured on the upcoming menu.

Friday: Lucky tray day. Eat a school breakfast and you might be a lucky winner! A special prize will be in select breakfast bags.





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During breakfast week each class will have a trivia question every morning. The Trivia Questions will be done during morning announcements and I will email all the teachers a copy of the questions as well. Each question will have a hint. Please put the students answers on the bottom of your breakfast roster sheets that you turn into the kitchen daily. On Friday, Food Service will do a drawing and will pick one winning classroom per grade level to receive a special treat.

TOP SECRET

BREAKFAST TRIVIA QUESTIONS

Monday: Ask your class what makes a complete reimbursable breakfast ?

Hint: take a look in your breakfast bag or the reimbursable meal sheet in your breakfast totes 😊

Tuesday: Why is it important to eat a healthy breakfast everyday?

Hint: what happens when you are hungry at school?

Wednesday: What are the most popular breakfast foods in the United States?

Hint: Ask Google 😊

Thursday: What Sparta, Michigan fruit can you find in your breakfast bags?

Hint: Starts with the letter A

Friday: How much sugar is in our reduced sugar cereal?

Hint: check your cereal package

