

# What's on the Menu?

Sparta High School Lunch Menu January 6th – 10<sup>th</sup>, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Salisbury Steak W/ Dinner Roll <b>Mashed Potatoes W/ Gravy</b> <b>100 Day of School Lunch</b>	<b>Build your own Breakfast</b> Burrito Bowl-Sausage, Chorizo, Ham, Egg, Cheese in a 10 in tortilla <b>Tater Tots</b>	Chicken Fajita Bowl w/ Black Beans W/ Corn & Mexican Brown Rice <b>Mexican Corn</b>	Cheese Stuffed Shells W/ Garlic Bread <b>Seasoned Green Beans</b> <b>Law Enforcement Appreciation Day</b>	<b>Wing on the Weekend</b> Wings BONE IN w/ side of Mac n Cheese <b>Oven Baked Fries</b> <b>Baked Beans</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Classic Pepperoni Pizza Pepperoni & Sausage Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	<b>Enriched</b> Pepperoni Pizza Meat Lover's Pizza	Classic Pepperoni Pizza Supreme Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce
	<b>Mini Corn Dog</b> Breaded Chicken Sandwich-Plain or Spicy Toasted Italian Sub Potato Wedges	<b>Breaded Chicken Sandwich-Plain or Spicy</b> Toasted Ham & Cheese Panini Sandwich Mozzarella Sticks & Chicken Nuggets Combo <b>Tater Tots</b>	<b>Pork Carnitas Quesadilla's</b> Breaded Chicken Sandwich-Plain or Spicy <b>Cheeseburger</b> <b>Mexican Corn</b>	<b>Breaded Mozzarella Sticks plain or Jalapeno</b> Breaded Chicken Tenders-Plain or Spicy w/ Corn Bread Muffin BBQ Riblet Sandwich <b>Seasoned Green Beans</b>	<b>Regular Chicken or Spicy Breaded Chicken Sandwich</b> Fish Sticks W/ Side Mac n Cheese <b>Chicken Crispito's</b> <b>Oven Baked Fries</b> <b>BBQ Baked Beans</b>
	<b>Build Your Own Deli Sandwich</b> <b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Fruit Pizza-w/ Yogurt & String Cheese	Turkey & Cheese Salad w/ 2 Dinner Roll Ham & Cheese Pinwheels	Ham & Cheese Salad w/ 2 Dinner Rolls Roast Beef and Provolone Wrap w/ Spicy Mayo	Italian Turkey and Pepperoni Salad w/ 2 Dinner Rolls Veggie Pizza w/ Cheese Cubes & Yogurt	Popcorn Chicken Salad-w/ 1 Dinner Roll Hummus Combo
	Side Salad Michigan Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit <b>Michigan Apples</b>	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Side Salad Celery Sticks Michigan Cherry Tomatoes Side Kick Slushies Assorted Fruit

# What's on the Menu?

Sparta High School Lunch Menu January 13<sup>th</sup> – 17<sup>th</sup>, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken Gyro w/ Tzatziki Sauce on Flatbread <b>Seasoned Mixed Veggies</b>	6 Pancake Bites w/ Scrambled Eggs & Bacon <b>Tater Tots</b>	Chicken & Veggie Dumplings W/ Dinner Roll <b>Seasoned Green Beans</b>	Breaded Chicken Drumstick w/ Dinner Roll <b>Mashed Potatoes W/ Gravy</b> <b>BBQ Baked Beans</b>	Buffalo Chicken Dip W/ Tortilla Chips <b>Oven Baked Fries</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Veggie Pizza	Bosco Breadsticks w/ Marinara Sauce	<b>Enriched</b> Meat Lover's Pizza	Cheese Pizza	Bosco Breadsticks w/ Marinara
	Breaded Chicken Parmesan Sandwich Breaded Chicken Sandwich-Plain or Spicy Teriyaki Beef Bites W/ Side Mac <b>Seasoned Mixed Veggies</b>	<b>Cheeseburger</b> Cheese Pizza Crunchers Grilled Chicken Sliders <b>Tater Tots</b>	Warm Soft Pretzel Bites w/ Cheese Dip Spicy or Plain Breaded Chicken Sandwich 2 Chili Cheese Dogs <b>Seasoned Green Beans</b>	<b>Chili &amp; Cheese Crisпитos</b> Chicken Sandwich-plain or Spicy <b>Cheeseburger</b> <b>Mashed Potatoes W/ Gravy</b>	Toasted Turkey W/ Bacon and Cheese Sandwich on a Ciabatta Bun Breaded Chicken Sandwich-plain or Spicy <b>Breaded Fish Sandwich</b> <b>Oven Baked Fries</b>
	<b>Build Your Own Deli Sandwich</b>				
	<b>Available Daily: Variety of Meats, Cheeses, Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY- FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Turkey Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ 1 Dinner Roll	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll
	Hummus, Flatbread & Veggies	Turkey Pesto Pinwheels	Vegetarian Corn & Black Bean Wrap	7 Layer Dip w/ Tortilla Chips	Hummus Combo
	Side Salad Michigan Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Celery Sticks Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit Michigan Apples	Michigan Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

Sparta High School Lunch Menu January 20<sup>th</sup> – 24<sup>th</sup>, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGES

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Alfredo Pasta Garlic Bread <b>Broccoli w/ Cheese Sauce</b> <b>Cheese Lovers Day</b>	Cinnamon French Toast Sticks Scrambled Eggs w/ Bacon & Cheese <b>Tater Tots</b>	Sweet Thai Chili or Sweet & Sour Popcorn Chicken Fried w/ Veggies Egg Roll <b>Seasoned Peas &amp; Carrots</b>	BBQ Bacon & Cheese Pulled Pork TOTchos w/ Corn Bread Muffins <b>BBQ Baked Beans Tater Tots</b>	Swedish Meatballs W/ Noodles <b>Seasoned Carrots</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Chicken Alfredo Pizza Classic Cheese Pizza	Meat Lover's Flatbread Bosco Breadsticks w/ Marinara Sauce	Bacon Cheese Burger Pizza Classic Cheese Pizza	Supreme Pizza Classic Cheese Pizza	Enriched Pepperoni & Sausage Pizza Bosco Breadsticks w/ Marinara Sauce
	<b>Cheeseburger Breaded Chicken Sandwich-Plain Or Spicy</b> <b>Grilled Chicken Sandwich with Bacon Broccoli w/ Cheese Sauce</b>	<b>Grilled Chicken Teriyaki Sandwich Breaded Chicken Sandwich-Plain Or Spicy</b> <b>BBQ Riblet Sandwich Tater Tots</b>	<b>Mini Corn Dogs Breaded Chicken Sandwich-Plain Or Spicy</b> <b>2 Chicken &amp; Cheese Crisпитos Seasoned Peas &amp; Carrots</b>	<b>Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich-Plain Or Spicy</b> <b>Bacon Cheeseburger BBQ Baked Beans</b>	<b>Breaded Chicken Sandwich-Plain or Spicy Fish Sticks W/ Side Mac n Cheese</b> <b>Breaded Mozzarella Sticks-plain or Jalapeno Seasoned Carrots</b>
	<i>Build Your Own Deli Sandwich</i> <b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>				
<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>					
	Turkey, Ham, Egg, & Cheese Salad w/ 2 Dinner Rolls Hummus Combo	Turkey Chef Salad w/ 2 Dinner Rolls Chicken Caesar Pasta Salad	Greek Chicken Salad w/ 2 Dinner Rolls Black Bean & Corn Salsa w/ Fritos Cheese Cubes & 4z Yogurt	Ham Chef Salad w/ 2 Dinner Rolls Flatbread Salami Pesto Sandwich	Breaded Chicken Salad w/ Dinner Roll Turkey Pinwheels
	Side Salad Michigan Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice	Side Salad Broccoli Florets Assorted Veggies 100% Fruit Juice Assorted Fruit <b>Michigan Apples</b>	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Mixed Peppers <b>Michigan Cherry Tomatoes</b> Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

# What's on the Menu?

Sparta High School Lunch Menu January 27<sup>th</sup> – 31<sup>st</sup>, 2025

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday	
	<b>Breakfast for Lunch</b> Chicken Tenders & Waffles  Tater Tots	<b>Baked Potato Bar-</b> Potato, Ham, Cheese, Bacon Pretzel Sticks <b>Broccoli w/ Cheese Sauce</b>	<b>Chicken Bowl:</b> Popcorn Chicken Hawaiian Roll <b>Mashed Potatoes W/ Gravy</b>	<b>Beef Hot Dog Bar-2 Hot Dogs-</b> Chili, ago Style, Carolina Slaw, Shredded Cheese <b>Oven Baked Fries</b> <b>BBQ Baked Beans</b>	Wet Burrito W/ Corn Muffin <b>Refried Beans W/ Cheese</b> <b>National Hot Chocolate Day</b>	
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
<b>Cheese Pizza Available Daily</b>						
	Supreme Pizza  Classic Cheese Pizza	Classic Pepperoni Pizza  Bosco Breadsticks w/ Marinara Sauce	Italian Sausage Pizza  Classic Cheese Pizza	Hawaiian Pizza  Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza  Classic Cheese Pizza	
	Pulled Pork Sandwich Breaded Chicken Sandwich-plain or spicy Buffalo Chicken Quesadilla Tater Tots	Chicken Marinara Flatbread Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Broccoli w/ Cheese Sauce	Breaded Chicken Sandwich –Plain or Spicy Pepperoni Pizza Sub 2 Sloppy Joe Sliders Mashed Potatoes W/ Gravy	BBQ Riblet Sandwich Breaded Chicken Sandwich-plain or spicy Grilled Chicken with Chipotle Mayo on a Ciabatta Bun Oven Baked Fries	Breaded Chicken Sandwich-plain or spicy Cheeseburger Warm Soft Pretzel Bites w/ Cheese Dip Seasoned Corn	
	<b>Build Your Own Deli Sandwich</b> <b>Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, &amp; Wraps, Vegetable Toppings, and Condiments</b>					
<b>AVAILABLE DAILY-FRUIT YOGURT PARFAITS &amp; PB&amp;J UNCRUSTABLES</b>						
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Waldorf Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll	
	7 Layer Dip w/ Chips	Ham & Salami Pasta Salad	Strawberry Yogurt Fruit Dip-w/ Cinnamon Pretzel & side of cheese cubes	Hummus Combo	Turkey & Hummus Pinwheels	
	Michigan Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Michigan Apples	Michigan Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Michigan Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit	Fresh Broccoli Florets Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie	