

What's on the Menu?

Sparta High School Lunch Menu October 16th – 20th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Waffle W/ Sausage Links & Scrambled Eggs W/ Cheese Tater Tot	Chicken Alfredo W/ Garlic Bread Seasoned Broccoli w/ Cheese National Pasta Day	Pork Chops in Gravy W/ Macaroni & Cheese Mashed Potatoes W/ Gravy	Wings-BONELESS OR BONE IN w/ Breadstick Sauces-mild, sweet chili, buffalo, Nashville Hot Curly Fries BBQ Baked Beans	½ Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Pepperoni & Sausage Pizza Classic Cheese Pizza	Enriched Chicken Alfredo Pizza Classic Cheese Pizza	Meat Lover's Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce	½ Day
	Mini Corn Dogs Spicy Crispy Chicken Sandwich Toasted Italian Sub Tater Tots	Breaded Chicken Sandwich-Plain or Spicy Meatball Sub Broccoli w/ Cheese Sauce	Pork Carnitas Quesadilla's Breaded Chicken Sandwich-Plain or Spicy Mashed Potatoes W/ Gravy	BBQ Riblet Sandwich Chicken Poppers Regular or Hot w/ Dinner Roll Bacon Cheeseburger Curly Fries BBQ Baked Beans	½ Day
	<i>Build Your Own Deli Sandwich</i> Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Italian Chicken Pasta Salad w/ Dinner Roll Fruit Pizza-w/ Yogurt & String Cheese	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Salami Fun Lunch	Turkey Chef Salad w/ 2 Dinner Rolls Hummus Combo	Ham & Cheese Salad w/ 2 Dinner Rolls Hortchata Parfait	½ Day
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Broccoli Florets Side Salads Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Mixed Peppers Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	½ Day

What's on the Menu?

Sparta High School Lunch Menu October 23rd – 27th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Macaroni & Cheese- Plain or Tex-Mex Warm Soft Pretzel Roasted Green Beans	Breakfast for Lunch 2 Pancakes Scrambled Eggs W/ Cheese & Sausage links Tater Tots	Beef Hot Dog Bar: Mexican Style Hot Dog Cheese, veggies, & toppings BBQ Baked Beans Curly Fries	Sweet and Sour Popcorn Chicken Fried Rice Egg Roll Seasoned Peas & Carrots Pumpkin Day	Baked Potato Bar -Potato, Ham, Cheese, Bacon Bosco Breadsticks Broccoli w/ Cheese Sauce National Potato Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Italian Stromboli Bosco Breadsticks w/ Marinara	Classic Pepperoni Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Personal Pepperoni Pizza Meat Lover's Stromboli	Classic Pepperoni Pizza Veggie Pizza
	Chicken Tenders plain or Spicy w/ Side of Mac n Cheese Cheeseburger Roasted Green Beans	Spicy or Regular Chicken Sandwich Breaded Mozzarella Sticks w/ Marinara Sauce Tater Tots	Corn Dog Spicy or Plain Breaded Chicken Sandwich Buffalo Chicken Quesadilla BBQ Baked Beans Curly Fries	Beef Brisket Tostada Breaded Chicken Sandwich-plain or Spicy Soft Pretzel Bites w/ Jalapeno Cheese Dip Seasoned Peas & Carrots	Bacon Cheeseburger Breaded Chicken Sandwich-plain or Spicy Turkey Reuben Seasoned Broccoli W/ Cheese Sauce
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY- FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey Chef Salad w/ 2 Dinner Rolls Turkey Pinwheels	Breaded Chicken Salad w/ 1 Dinner Roll Italian Pasta Salad w/ Ham & Salami	Cobb-Egg & Cheese Salad w/ 2 Dinner Rolls Veggie Pizza	Ham & Cheese Chef Salad w/ 2 Dinner Rolls 7 Layer Dip w/ Tortilla Chips	Buffalo Popcorn Chicken Salad w/ 1 Dinner Roll Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu October 30th – November 3rd, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Four Cheese Enchiladas Beef & Cheese Enchiladas Cilantro Lime Rice Refried Beans W/ Cheese	Chicken Tenders W/ Side Mac & Cheese Seasoned Green Beans Happy Halloween!	French Toast Sticks Scrambled Eggs w/ Bacon & Cheese Tater Tots	Buffalo chicken Queso Dip w/ Tortilla Chips Seasoned Corn	Soup & Sandwich- Chicken Noodle Soup or Broccoli Cheese Soup Toasted three Cheese Sandwich on a Pretzel Bun Curly Fries National Sandwich Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Classic Pepperoni Pizza Classic Cheese Pizza	Meat Lover's Flatbread Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Supreme Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni & Sausage Pizza Classic Cheese Pizza
	Cheeseburger Breaded Chicken Waffle Sandwich Baked Beans	Regular or Spicy Breaded Chicken Sandwich Beef Teriyaki Dippers w/ Mac n Cheese & Cornbread Poppers Seasoned Green Beans	Beef Riblet Sandwich Combo Breaded Mozzarella Sticks & Chicken Nuggets Tater Tots	Beef Philly Cheese Steak Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Corn	Chicken Tenders-Plain or Spicy w/ Mac n Cheese Breaded Fish Sandwich Curly Fries
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Turkey, Ham, Egg, & Cheese Salad w/ 2 Dinner Rolls Italian Pasta Salad	Turkey Chef Salad w/ 2 Dinner Rolls Chicken Caesar Pasta Salad	Buffalo Popcorn Chicken Salad w/ 1 Dinner Rolls Turkey Pesto Pinwheels	Ham Chef Salad w/ 2 Dinner Rolls Flatbread Salami Pesto Sandwich	Breaded Chicken Salad w/ Dinner Roll Hummus Combo
	Side Salad Cucumber Coins Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Fresh Apple Slices	Celery Sticks Side Salad Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Baby Carrots Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie

What's on the Menu?

Sparta High School Lunch Menu November 6th – 10th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Fajita Bowl w/ Black Beans W/ Corn & Brown Rice Oven Baked Fries BBQ Baked Beans National Nachos Day	Breakfast Bowl- Chorizo Sausage, Ham, Eggs, bacon, Cheese in a tortilla Tater Tots Election Day	Chicken & Veggie Dumplings Fried Rice Seasoned Peas & Carrots	Beef Lasagna Garlic Breadstick Seasoned Green Beans	Breaded Chicken Drumstick w/ Cornbread Apple Crisp Mashed Potatoes w/ Gravy
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Hawaiian Pizza	Personal Meat Lover's Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza
	Sloppy Joe Breaded Chicken Sandwich-plain or spicy Warm Soft Pretzel Bites w/ Cheese Dip Oven Baked Fries BBQ Baked Beans	Mini Corn Dogs Chicken Tenders-Plain or Spicy w/ Dinner Roll Cheeseburger Tater Tots	BBQ Pulled Pork Cheese Roasted Peppers on Ciabatta Bread Breaded Chicken Sandwich-plain or spicy Seasoned Peas & Carrots	Bacon Cheeseburger Breaded Chicken Sandwich-plain or spicy 2 Chicken & Cheese Crisпитos Seasoned Broccoli W/ Cheese Sauce	Caprese Sandwich Popcorn Chicken mashed potato bowl w/ Dinner Roll Grilled Chicken Club Sandwich Mashed Potatoes w/ Gravy
	Build Your Own Deli Sandwich				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, and Condiments				
AVAILABLE DAILY-FRUIT YOGURT PARFAITS & PB&J UNCRUSTABLES					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Breaded Chicken Salad w/ Dinner Roll
	7 Layer Dip w/ Chips	Ham & Salami Pasta Salad	Hummus Combo	Power Pack-Salami, Cheese Cubes,	Tuna Pasta Salad
	Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Side Salad Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Cucumbers Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Fresh Broccoli Florets Assorted Veggies Side Salad 100% Fruit Juice Assorted Fruit Sidekick Slushie