



Sparta High School Lunch Menu September 20-24, 2021

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	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	Popcorn Chicken Plain or Spicy w/ Side of Mac n Cheese	Spaghetti w/ Meat Sauce Breadstick	Southwest Breakfast Bowl w/ Chorizo in a Flour Tortilla	Macaroni & Cheese- Plain or Tex-Mex Garlic Bread	Breaded Chicken Drumstick w/ Breadstick Apple Crisp	
	Baked Bean Oven Baked Fries	Seasoned Green Beans	Tater Tots	Broccoli w/ Cheese Sauce	Mashed Potatoes w/ Gravy	
SONO CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
	Supreme Pizza	Classic Pepperoni Pizza	Meat Lover's Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	
2 mato	Cheesy, Cheese Stromboli		Classic Cheese Pizza		Bosco Breadsticks w/ Marinara Sauce	
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	Pizza Sub	Buffalo Blue Breaded Chicken Sandwich	Mini Corn Dogs	Chicken Nuggets w/ Dinner Roll	Breaded Mozzarella Sticks w/ Marinara Sauce	
grilled	Pulled Pork Sandwich	Cheeseburger	Breaded Chicken Club Sandwich	Bacon Cheeseburger	BBQ Riblet Sandwich	
EXPRESS	Oven Baked Fries Baked Beans	Seasoned Green Beans	Tater Tots	Broccoli w/ Cheese Sauce	Mashed Potatoes w/ Gravy	
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	Pre-made Sandwiches w/ Toppings on the side					
SO DELI	Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain					
DELI	Bread, & Wraps, Vegetable Toppings, and Condiments					
	2,00					
ONEGO	Turkey & Ham Chef Salad w/ Tortilla Chips & Salsa	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	
	Fruit Yogurt Parfait w/ Granola	Turkey Ranch Wrap	Hummus Combo	Buffalo Chicken Wrap	PB & J Uncrustable, Crackers, & Yogurt	
extra extra	Cherry Tomatoes Side Salads Assorted Veggies	Broccoli Florets Side Salads Assorted Veggies	Celery Sticks Mixed Peppers Side Salad Assorted Veggies	Potato Salad Side Salad Assorted Veggies	Side Salad Celery Sticks Assorted Fresh Veggies Fresh Apple	
	100% Fruit Juice Assorted Fruit Fresh Pear	100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	Side Kick Slushies Assorted Fruit	



What's on the Menu?



Sparta High School Lunch Menu September 27- October 1, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	Chicken Alfredo w/ Garlic Bread Seasoned Green Beans	Baked Potato Bar- Potato, Bacon, Ham, Cheese w/ Soft Pretzel Broccoli w/ Cheese Sauce	Boneless Chicken Wings Plain or Buffalo Style Breadstick Oven Baked Fries	BBQ Riblet Macaroni & Cheese BBQ Baked Beans	Cheesy Chicken & Rice Casserole Breadstick Seasoned Corn National Cookie Day		
SONO CELEBRATE LATIR	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
(3)	Chicken Alfredo Pizza	Classic Pepperoni Pizza	Italian Sausage Pizza	Supreme Pizza	Beef Taco Pizza		
mato	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza		
grilled	Meatball Sub Spicy Crispy Chicken	Breaded Chicken Sandwich	2 Ranchero Steak Tornados w/ Queso Sauce	Bacon Cheeseburger Mini Corn Dogs	Breaded Mozzarella Sticks w/ Marinara Sauce		
	Sandwich Seasoned Green	Cheeseburger Broccoli w/ Cheese Sauce	Spicy Breaded Chicken Sandwich	-	Chicken Sandwich on Pretzel Bun		
	Beans	Jauce	Oven Baked Fries	BBQ Baked Beans	Seasoned Corn		
		Pro mada San	dwichos w/ Ton	nings on the si	do		
	Pre-made Sandwiches w/ Toppings on the side Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread & Wraps, Vegetable Toppings, and Condiments						
ONEGO	Turkey Chef Salad w/ Dinner Rolls	Chicken BLT Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ Dinner Roll	Ham & Cheese Chef Salad w/ 2 Rolls	Italian Chopped Salad W/ Dinner Rolls		
	Chicken Caesar Wrap	Fruit Yogurt Parfait with Granola	Turkey Ranch Wrap	Hummus Combo	PB & J Uncrustable		
extra.	Side Salad Cucumber Coins Assorted Veggies	Baby Carrots Side Salad Assorted Veggies	Side Salad Mixed Peppers Assorted Veggies	Side Salad Potato Salad Assorted Veggies	Fresh Broccoli Florets Assorted Veggies Side Salad		
	100% Fruit Juice Assorted Fruit Fresh Pear	100% Fruit Juice Fresh Apple Slices Red Seedless Grapes Assorted Fruit	100% Fruit Juice Assorted Fruit Banana	100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	100% Fruit Juice Assorted Fruit Sidekick Slushie		







Sparta High School Lunch Menu October 4-8, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	Hot Dog Bar-2 Hot Dogs Topped Your Way Curly Fries Baked Beans	Breaded Chicken Parmesan Cornbread Mashed Potatoes w/ Gravy	Macaroni & Cheese w/ Breadstick Seasoned Green Beans National Noodle Day	Chicken Tenders w/ Waffles Tater Tots	NO SCHOOL	
SONO CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
	Meat Lover's Stromboli	BBQ Chicken Flatbread	Classic Pepperoni Pizza	Hawaiian Pizza	NO SCHOOL	
2 mato	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza		
grilled	Cajun Chicken Sandwich Corn Dog Curly Fries Baked Beans	2 Chicken Tornados w/ Queso Sauce Cheeseburger Mashed Potatoes w/ Gravy	Philly Cheesesteak Burger Breaded Chicken Sandwich Seasoned Green Beans	Spicy Breaded Chicken Sandwich BBQ Bacon Cheeseburger Tater Tots	NO SCHOOL	
		Pre-made Sand	dwiches w/ Ton	pings on the sid	7e	
SO DELI			·	ses, Homemade		
DELI	Brea	d, & Wraps, V	egetable Toppi	ngs, and Condi	iments	
ONEGO	Crispy Chicken & Salad W/ Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Buffalo Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham Chef Salad w/ 2 Dinner Rolls	NO SCHOOL	
	Hummus Combo	Ham & Salami Ciabatta Sandwich	PB&J Uncrustable	Turkey, Roast Beef, & Ham Sub		
	Sliced Cucumbers	Baby Carrots				
extr's	Side Salad Assorted Veggies	Side Salad Assorted Veggies	Celery Sticks Side Salad Assorted Veggies	Potato Salad Side Salad Assorted Veggies	NO SCHOOL	
	100% Fruit Juice Fresh Pears Assorted Chilled Fruit	100% Fruit Juice Fresh Apple Slices Assorted Fruit	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce Assorted Fruit	NO SCHOOL	



What's on the Menu?



Sparta High School Lunch Menu October 11 -15, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	Pepperoni Pizza Casserole Garlic Bread Seasoned Green Beans	Buffalo Chicken Dip W/ Tortilla Chips Seasoned Corn	French Toast Cinnamon Glazed(2) Scrambled Eggs w/ Bacon & Cheese Tater Tots	Chicken Nuggets w/ Mac n Cheese Curly Fries Baked Beans	Sweet & Sour or Thai Sweet Chili Popcorn Chicken Fried Rice/Egg Roll Seasoned Peas & Carrots	
SONO CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
(-		Classic Pepperoni		Classic Pepperoni		
	Supreme Pizza	Pizza	Italian Stromboli	Pizza	Meat Lover's Pizza	
mato	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	
grilled	Toasted Roast Beef & Cheese on a Pretzel Bun Breaded Chicken Sandwich Seasoned Green Beans	Chicken Tenders w/ Dinner Roll Jalapeno Cheddar Burger Seasoned Corn	Mini Corn Dogs Breaded Chicken Club Sandwich Tater Tots		Spicy Breaded Chicken Sandwich Breaded Mozzarella Sticks w/ Marinara Sauce Seasoned Peas & Carrots	
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50			dwiches w/ Top			
DELI		Paily: Variety of Meats, Cheeses, Homemade Whole Grain				
	Brea	d, & Wraps, V	egetable Toppi	ngs, and Condi	ments	
ONEGO	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Chicken BLT Salad w/ 2 Dinner Rolls	
	Hummus Combo	Turkey Ranch Wrap	Berry Parfait w/ Granola	Buffalo Chicken Wrap	Uncrustable	
extra.	Cherry Tomatoes Side Salad Assorted Veggies 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Side Salad 100% Fruit Juice Assorted Fruit Red Seedless Grapes	Side Salad Mixed Peppers Assorted Veggies 100% Fruit Juice Banana Assorted Fruit	Potato Salad Side Salad 100% Fruit Juice Orange Wedges Assorted Fruit	Broccoli Florets Assorted Veggies Side Salad Fresh Apple Side Kick Slushies Assorted Fruit	

