


What's on the Menu?

Sparta Middle School Lunch Menu August 19th – 23rd, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Corn Bread Mashed Potatoes w/ Gravy National Potato Day	Breakfast for Lunch: 6 Pancake Bites Scrambled Eggs w/ Cheese Tater Tots	Chicken Alfredo Pasta Garlic Breadstick Seasoned Green Beans	Sandwich Sliders- Buffalo Chicken, Plain Chicken, or Sloppy Joe Sliders Oven Baked Fries	No School
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Personal Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	Enriched Pepperoni Pizza Classic Cheese Pizza	Chicken Alfredo Pizza Classic Cheese Pizza	Meat Lover's Flatbread Pizza Classic Cheese Pizza	No School
	Toasted Turkey & Cheese Sandwich on a Ciabatta Bun Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Mashed Potatoes w/ Gravy	Pork Carnitas Quesadilla Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Tater Tots	Philly Beef Steak Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Green Beans	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Oven Baked Fries	No School
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Turkey Chef Salad W/ 2 Dinner Rolls Breaded Buffalo Chicken Wrap	Chicken BLT Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	No School
	Baby Carrots Cucumber Coins Side Salad 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Cherry Tomatoes Celery Sticks Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	No School

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What's on the Menu?

Sparta Middle School Lunch Menu August 26th – 30th, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Fajita Bowl w/ Black Beans w/ Corn & Brown Rice Mexican Corn	Breakfast Bowl- Sausage, Ham, Eggs, Bacon & Cheese over a Biscuit Hash Brown Patty	Hot Dog Bar-2 Hot Dogs w/ Chili, Cheese, pick your toppings Curly Fries	BBQ Pulled Pork TOTchos w/ Side of Mac n Cheese & Corn Bread BBQ Baked Beans	No School
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Meat lovers Stromboli Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Italian Sausage Pizza Classic Cheese Pizza	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	No School
	Salami, Ham, & Cheese Pesto Flatbread Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Mexican Corn	Grilled Chicken w/ Chipotle May on a Ciabatta Bun Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Hash Brown Patty	Chicken & Cheese Crispitos Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Curly Fries	BBQ Riblet Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich BBQ Baked Beans	No School
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY : PB&J Uncrustables & Fruit Yogurt Parfaits					
	Chicken BLT Salad w/ 2 Dinner Rolls Fruit Pizza Flatbread-w/ side of Yogurt & Cheese Cubes	Buffalo Chicken Salad w/ 1 Dinner Rolls Turkey Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Ham & Cheese Pinwheels	No School
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	No School

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What's on the Menu?

Sparta Middle School Lunch Menu September 2nd – 6th, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	No School	Homemade Macaroni & Cheese Pulled Pork or Popcorn Chicken Oven Baked Fries	Cinnamon French Toast Scrambled Eggs w/ Cheese Tater Tots	Orange or Thai Sweet Chili Popcorn Chicken W/ Fried Rice Egg Roll Seasoned Peas & Carrots National Cheese Pizza Day	Lasagna Garlic Bread Seasoned Green Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	No School	Enriched Pepperoni Pizza Cheesy Stromboli	Personal Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza
	No School	Mini Corn Dogs Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Oven Baked Fries	Buffalo Chicken Quesadilla Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Tater Tots	Pepperoni Pizza Sub Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Peas & Carrots	Warm Pretzel Bites W/ Cheese Sauce Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	No School	Popcorn Chicken Salad w/ 1 Dinner Roll Turkey & Cheese Pinwheels	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Veggie Pizza w/ Yogurt & String Cheese	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls Ham & Cheese Wrap	Turkey Chef Salad w/ 2 Dinner Rolls Buffalo Ranch Chicken Wrap
	No School	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Side Salad Cauliflower Florets 100% Fruit Juice Assorted Fruit Side Kick Slushies

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What's on the Menu?

Sparta Middle School Lunch Menu September 9th – 13th, 2024

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Belgian Waffle Scrambled Eggs W/ Cheese Tater Tots	Burger Bar You Pick: Cheese, Bacon, Chili, Assorted Veggies BBQ Baked Beans	Popcorn Chicken-Plain or Spicy Macaroni & Cheese Mashed Potatoes w/ Gravy	Spaghetti w/ Meat Sauce or Meatballs Garlic Bread Seasoned Green Beans	Wing on the Weekend- Boneless or Bone in Wings side of mac n cheese Smile Fries National Peanut Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Supreme Pizza Classic Cheese Pizza	Personal Pepperoni Pizza Classic Cheese Pizza	Italian Stromboli Classic Cheese Pizza	Classic Pepperoni Pizza Classic Cheese Pizza	Enriched Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce
	Grilled Chicken Bacon Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	Toasted Italian Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich BBQ Baked Beans	Beef Teriyaki Dippers w/ side of Mac n Cheese Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Mashed Potatoes	Salami, Ham, & Cheese Pesto Flatbread Sandwich Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich Seasoned Green Beans	Turkey Reuben Sandwich Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich Smile Fries
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
AVAILABLE DAILY: PB&J Uncrustables & Fruit Yogurt Parfaits					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls 5 Layered Taco Dip w/ Tortilla Chips	Turkey Chef Salad w/ 2 Dinner Rolls Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Buffalo Chicken Caesar Wrap	Chicken BLT Salad w/ 2 Dinner Rolls Fruit Pizza w/ Trix Yogurt
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Cauliflower Florets Side Salad Assorted Fruit Side Kick Slushies

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