

# What's on the Menu?

Sparta Middle School Lunch Menu January 6<sup>th</sup> – 10<sup>th</sup>, 2025

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Corn Bread Poppers <b>Mashed Potatoes w/ Gravy</b>	<b>Pasta Bar</b> Chicken Alfredo Pasta Or Spaghetti w/ Meat Sauce Breadstick <b>Seasoned Green Beans</b>	<b>Burger Bar You Pick:</b> Cheese, Bacon, Assorted Veggies <b>BBQ Baked Beans</b> <b>Oven Baked Fries</b>	<b>Soup &amp; Sandwich Bar</b> Toasted Ham & Cheese Sandwich w/ Broccoli W/ Cheese Soup <b>Seasoned Corn</b>	Wing on the Weekend- Boneless or Bone in Wings side of mac n cheese <b>Smile Fries</b>
	DAILY: Build your own Chicken, Beef, or Bean Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Personal Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce	<b>Enriched</b> Pepperoni Pizza Chicken Alfredo Pizza	Classic Pepperoni Pizza Bacon Chicken Ranch Pizza	Classic Pepperoni Pizza Meat Lover's Flatbread	Classic Pepperoni Pizza Bosco Breadsticks w/ Marinara Sauce
	Meatball Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Mashed Potatoes w/ Gravy	Chicken tenders-plain or Spicy Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Green Beans	Philly Beef Steak Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger BBQ Baked Beans Oven Baked Fries	Combo-Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Corn	Mini Corn Dogs Breaded Chicken Sandwich Spicy Breaded Sandwich Cheeseburger <b>Smile Fries</b>
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Turkey Chef Salad W/ 2 Dinner Rolls Breaded Buffalo Chicken Wrap	Chicken BLT Salad w/ 2 Dinner Rolls Peanut Butter Apple Roll Up	Ham & Cheese Chef Salad w/ 2 Dinner Rolls Turkey Ranch Wrap	Buffalo Popcorn Chicken Salad w/ Dinner Roll Ham, Salami, & Cheese Italian Wrap	Ham & Turkey Chef Salad w/ Dinner Rolls Chicken Caesar Wrap
	Baby Carrots Cucumber Coins Side Salad 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Michigan Apple Slices	Cherry Tomatoes Celery Sticks Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Fresh Broccoli Florets Assorted Vegetables 100% Fruit Juice Sidekick Slushies Assorted Fresh Fruit Michigan Apples

Sparta Area Schools is a 10 Cents a Meal grantee, and we buy Michigan grown produce

This Institution is an equal opportunity provider.

# What's on the Menu?

Sparta Middle School Lunch Menu January 13<sup>th</sup> – 17<sup>th</sup>, 2025

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Fajita Bowl w/ Black Beans w/ Corn & Brown Rice <b>Mexican Corn</b>	<b>Breakfast for Lunch:</b> 2 Pancakes Scrambled Eggs W/ Cheese <b>Tater Tots</b>	Homemade Macaroni & Cheese Pulled Pork or Popcorn Chicken Breadstick <b>Seasoned Green Beans</b>	<b>Baked Potato Bar:</b> Baked Potato W/ Choice of Toppings W/ Bosco Breadsticks <b>Broccoli W/ Cheese Sauce</b>	Boneless or Bone in Wings side of mac n cheese <b>Smile Fries</b> <b>BBQ Baked Beans</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Meat Lover's Stromboli	Buffalo Chicken Ranch Pizza	<b>Enriched</b> Italian Sausage Pizza	Bosco Breadsticks w/ Marinara Sauce	Veggie Pizza
	BBQ Riblet Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Mexican Corn	Grilled Chicken Club Sandwich Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Tater Tots	Chicken & Cheese Crisпитos Breaded Chicken Sandwich Breaded Chicken Sandwich Cheeseburger Seasoned Green Beans	Pizza Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Broccoli W/ Cheese Sauce	Breaded Mozzarella Sticks Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Breaded Fish Sandwich Smile Fries BBQ Baked Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY : PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Chicken BLT Salad w/ 2 Dinner Rolls	Buffalo Chicken Salad w/ 1 Dinner Rolls	Ham & Cheese Chef Salad w/ 2 Dinner	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad W/ 2 Dinner Rolls
	Fruit Pizza Flatbread-w/ side of Yogurt & Cheese Cubes	Turkey Ranch Wrap	Buffalo Chicken Wrap	Ham & Cheese Pinwheels	Chicken Caesar Wrap
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit Michigan Apple Slices	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Broccoli Florets Sugar Snap Peas Sidekick Slushie Assorted Fruit Michigan Apples

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# What's on the Menu?

Sparta Middle School Lunch Menu January 20– 24, 2025

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Penne Pasta W/ Chicken Arrabiata Garlic Bread  <b>Roasted Cauliflower</b>	Buffalo Chicken Dip W/ Tortilla Chips  <b>Seasoned Corn</b>	Cinnamon French Toast Scrambled Eggs w/ Cheese <b>Tater Tots</b>	Orange or Thai Sweet Chili Popcorn Chicken W/ Fried Rice Egg Roll <b>Seasoned Peas &amp; Carrots</b>	<b>Hot Dog Bar</b> – 2 Hot Dog W/ Chili, Cheese, Pick your toppings <b>Oven Baked Fries BBQ Baked Beans</b>
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Classic Pepperoni Pizza	<b>Enriched</b> Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Classic Pepperoni Pizza
	Bosco Breadsticks w/ Marinara Sauce	Meat Lover's Personal Pizza	Taco Pizza	Bosco Breadsticks w/ Marinara Sauce	Hawaiian Pizza
	Sloppy Joe Breaded Chicken Waffle Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Roasted Cauliflower</b>	Corn Dog Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Corn</b>	Buffalo Chicken Quesadilla Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich <b>Tater Tots</b>	Combo-Chicken Nuggets & Mozzarella Sticks Breaded Chicken Sandwich Cheeseburger Spicy Breaded Chicken Sandwich <b>Seasoned Peas &amp; Carrots</b>	Warm Pretzel Bites W/ Cheese Sauce Breaded Chicken Sandwich Bacon Cheeseburger Spicy Breaded Chicken Sandwich <b>Oven Baked Fries BBQ Baked Beans</b>
	<b>Build Your Own Deli Sandwich</b>				
	Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Ham, Turkey, & Cheese Salad W/ Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Roll	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls
	Hummus w/ Pita Chips	Turkey & Cheese Pinwheels	Veggie Pizza w/ Yogurt & String Cheese	Ham & Cheese Wrap	Buffalo Ranch Chicken Wrap
	Cauliflower Florets Tossed Side Salad 100% Fruit Juice Assorted Fruit Assorted Chilled Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit <b>Michigan Apples</b>	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit	Mixed Peppers Side Salad 100% Fruit Juice <b>Michigan Apple Slices</b>	Side Salad Cauliflower Florets 100% Fruit Juice Assorted Fruit Side Kick Slushies

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# What's on the Menu?

Sparta Middle School Lunch Menu January 27<sup>th</sup> – 31<sup>st</sup>, 2025

All meals come with choice of low-fat 1% White or Chocolate Milk

MENU IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Waffles W/ Scrambled Eggs W/ Cheese  Tater Tots	Popcorn Chicken-Plain or Spicy Macaroni & Cheese  Mashed Potatoes w/ Gravy	Enriched Baked Ziti Garlic Bread  Seasoned Green Beans	Chicken & Vegetable Dumplings Dinner Roll  Seasoned Mixed Veggies	Beef and Bean Chili w/ Fritos or Cornbread  Curly Fries w/ Cheese Sauce BBQ Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<b>Cheese Pizza Available Daily</b>					
	Classic Pepperoni Pizza  Supreme Pizza	Personal Pepperoni Pizza  Pepperoni Bosco Breadsticks	Classic Pepperoni Pizza  Italian Stromboli	Classic Pepperoni Pizza  Bosco Breadsticks w/ Marinara Sauce	Classic Pepperoni Pizza  Enriched Cheeseburger Pizza
	Toasted Roasted Beef & Cheese Croissant Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Tater Tots	Toasted Italian Sub Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Mashed Potatoes w/ Gravy	Beef Teriyaki Dippers w/ side of Mac n Cheese Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Seasoned Green Beans	Breaded Mozzarella Sticks-Plain or Jalapeno Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Cheeseburger Seasoned Mixed Veggies	Toasted Turkey, Bacon, Cheese Flatbread Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Bacon Cheeseburger Curly fries w/ cheese BBQ Baked Beans
	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Sub Buns, & Wraps, Vegetable Toppings, & Condiments				
<b>AVAILABLE DAILY: PB&amp;J Uncrustables &amp; Fruit Yogurt Parfaits</b>					
	Grilled Chicken Caesar Salad w/ 2 Dinner Rolls  5 Layered Taco Dip w/ Tortilla Chips	Turkey Chef Salad w/ 2 Dinner Rolls  Breaded Chicken Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls  Turkey Ranch Wrap	Ham & Cheese Chef Salad w/ 2 Dinner Rolls  Buffalo Chicken Caesar Wrap	Chicken BLT Salad w/ 2 Dinner Rolls  Fruit Pizza w/ Trix Yogurt
	Baby Carrots Side Salad Cucumber Coins 100% Fruit Juice Assorted Fruit	Broccoli Florets Side Salad Sugar Snap Peas 100% Fruit Juice Assorted Fruit	Celery Sticks Cherry Tomatoes Side Salad 100% Fruit Juice Assorted Fruit Michigan Apple Slices	Mixed Peppers Side Salad 100% Fruit Juice Assorted Fruit	Cauliflower Florets Side Salad Assorted Fruit Side Kick Slushies Michigan Apples

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