

# What's on the Menu?

## Sparta Area Schools Secondary Breakfast Menu January 6<sup>th</sup> – 31<sup>st</sup>, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Egg Bites w/ Muffin</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 6</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Taco</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 7</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>French Toast Bites w/ Whip Topping &amp; Fruit</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 8</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 9</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 10</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Smoothies- w/ Muffin</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 13</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breaded Chicken Waffle Sandwich</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 14</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Muffin Breakfast Popover</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 15</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 16</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 17</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Apple Breakfast Quesadilla</b>                      Assorted Cereal/Bars,, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 20</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Overnight Oats</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 11</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Pizza</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 22</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 23</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 24</b></p>
<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Breakfast Smoothie w/ Muffin</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 27</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Mini Maple Pancake Wraps</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 28</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Biscuits w/ Sausage Gravy</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juice                      Assorted Fruit  <b>JAN. 29</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Cinnamon Rolls</b>                      Assorted Cereal/Bars, Pop-Tarts, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>JAN. 30</b></p>	<p>Assorted Breakfast Sandwiches-Sausage, Bacon, Egg, &amp; Cheese  <b>Donuts</b>                      Assorted Cereal/Bars, Pop-Tart, Muffins, &amp; Yogurt                      100% Fruit Juices                      Assorted Fruit  <b>JAN. 31</b></p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, 1 cup fruit side dish and choice of milk. Milk choices include 1% low-fat, & skim white & chocolate. Questions or concerns please contact Melissa Alley at 616-887-1744 or [melissa.alley@spartaschools.org](mailto:melissa.alley@spartaschools.org)

**MENU IS SUBJECT TO CHANGE.**

This institution is an equal opportunity provider.